What/How Much to Pay as Zakat al-Fiṭr - 1 /May/ 2022

Question: What/how much must one pay as Zakat al-Fiṭr?

Answer: Every person, who is obligated to pay it, must give the poor (by obligatory caution only poor shi'a) wheat, barley, dates, raisins, rice, corn or the like, for himself and for those whose food is provided by him, approximately three kilograms per person. It suffices to give them the price of one of these food.